

## MESSAGE FROM ROMANIAN PARTNER

# Music sessions in Romania

The trainers of Association of Culture and Education ALTEEA performed musical activities for people with special needs (the Community Service for the Recovery and Rehabilitation of Disabled People – from Targu-Carbunesti).

The most important objective of our musical activities was to establish contact with the persons with special needs, to facilitate communication between them and the professor/educator-cum-therapist, and to utilize music for the recovery of the personality of this category of people.



The music sessions performed during our lessons can be divided into two parts:

- active or direct (where the participants perform instrumental or vocal music, depending on the group)  
- responsive or indirect (where the participants listen to music). The participants' passivity was not total, because the reception activity requires a certain level of participation on their part. All the activities were executed gradually and their combination led to a structuring of complex musical abilities which, in turn, led to a compensation of the lack of other abilities such as the movement

*Teodora Danielescu*  
Coordinator  
ACE ALTEEA, Romania

## MESSAGE FROM CROATIA

# Zagreb & Brussel

Mia, Samija, Matija, Vlatka, Željko, Davorka, Ozren, Edita, Branka, Mira i ostali prijatelji iz Centra za kulturu Trešnjevka došli su 29.2.2012. predstaviti Hrvatsku i program koji smo pripremili za festival GUIA u Centru za kulturu De Zeyp. Već prvi dan festivala, 1. ožujka 2012., skupina iz Zagreba otvorila je festival programom irskog plesa. Predstavnici zagrebačkog partnera će i zatvoriti festival, 4. ožujka 2012., programom Moć Bubnjeva (muziko-terapija afričkim ritmom).

Svi zajedno zahvaljujemo domaćinima iz De Zeypa na prekrasnom iskustvu, te svim ostalim GUIA partnerima na druženju. Tijekom festivala stekli smo brojne nove prijatelje koje pozivamo na GUIA festival u Zagrebu, svibanj 2013.

*Ljiljana Perišić*  
Director  
Trešnjevka Cultural Centre  
Park stara Trešnjevka 1  
10000 Zagreb



On 29th of February 2012, Mia, Samija, Matija, Vlatka, Željko, Davorka, Ozren, Edita, Branka, Mira and other friends from the Trešnjevka Cultural Centre came to represent Croatia at the GUIA festival in De Zeyp. The group from Zagreb had opened the festival on 1 of March 2013 with a programme of irish dancing. Representatives of the Croatian partner will also close the festival on 4th of March 2013 with a musical programme Moć bubnjeva (en: Might of the Drums) which uses african rythm to achieve therapeutic results.

## MESSAGE FROM GERMAN PARTNER

# Herzlichen Glueckwunsch zu diesem 'inspiring' Festival

Wir sind beeindruckt und ein bisschen muede. Immer wieder ist es spannend zu sehen, wie viele verschiedene Wege es gibt, den Ideen Ausdruck zu verleihen. Wir freuen uns sehr hoffentlich viele von Euch in Emden wiederzusehen, gemeinsam weiter zu forschen, wie Inklusion Wirklichkeit werden kann. Danke und bis bald in Emden

*Beate*  
Theartic e.v.

# GUIA festival

GUIDE US INTO ARTS

Daily Artsfestival newspaper

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# GUIA



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De Zeyp is een  
gemeenschapscentrum van de



## Disable people: The artisans of the smile!

In the second day of the GUIA festival I had the opportunity and the pleasure to participate in a fun music rehearsal with Croatian special musicians. The group was very happy, and play was a moment of joy and friendship, but also of commitment and concentration. Keep the rhythm was not easy, fortunately, the new teacher was patient. The good teacher overcomes the difficulties with a smile and faces the uncertainties of encouraging more and more his learners.

We appreciating music as a vehicle of educational inclusion and highlighting the social responsibility of music educators in promoting music and music therapy as an aid in the communication of people with mental or motor disability. Through music they seek psychomotor development, improve attention, concentration (cognition), body and verbal language and the expansion of understanding through a consistent contact with the outside world. When we sing or play instruments, in fact, we release our internal energy to the outside world, making our bodies emit sounds, forming impulses and vocalizing the unspeakable. At the moment in which we play an instrument this becomes an extension of our body. The Croatian special musicians made me move, spending time in practicing to make coordinated movements in which the hands had central importance, very close to the work of a craftsman, they were the craftsmen of my smile!



Thanks to Samija, for her great sense of rhythm, to Mia for her seriously, to Vlatka for his hugs and to Matija for promise the participation in the performance of tomorrow!!

*Thiago Dos Santos Cabral*  
Grundtvig assistant  
facebook.com/Dazibaoconex

## SUPERSTARS

### They were great yesterday



## IN DE WEER VOOR BRUSSEL

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VLAAMSE  
GEMEENS  
CHAPSCO  
MMISSIE

# TODAY'S PROGRAMM saturday 03-03

## PROGRAMM

10:00	<b>GUIA Dance workshop</b>		<b>Veranda</b>
12:00	<b>Lunch</b>		<b>Pilaar</b>
13:00	<b>Theatre (Mortsel)</b>	<b>Dingbat</b>	<b>Briljant</b>
14:30	<b>GUIA Second Arts Facilitators meeting</b>		<b>2nd floor</b>
14:30	<b>GUIA Board meeting</b>		<b>Veranda</b>
18:00	<b>GUYA final party &amp; diner with:</b>	<b>The Rolling Dice (Brussel)</b>	<b>Briljant</b>
		<b>Zagrebs Irish dance</b>	
		<b>Zagreb drum group</b>	
		<b>Victoria Snow</b>	
		<b>Piano Paul Kofa</b>	
		<b>Michail Weselow</b>	

### THEATRE (MORTSEL)

## Dingbat

Dingbat is a theatre production for every age, where text, movement, music and images bring an impressive result. The show tells about the need to be accepted, being loved and to love. Joy and tears go hand in hand, just like life and dead. They belong together just like me and you, we and them...



## The Brussels-Capital Region supported this GUIA festival financially

We thank especially Minister Guy Vanhengel, responsible for Finance and for Education-Flemish Community for his support to our project. Brussels is a welcoming place even if you find it difficult to get around on your own. Many attractions, accommodation and public transport facilities are designed with persons with reduced mobility in mind.

Brussels caters to every taste and every age. There are beautiful shopping possibilities, tourism, restaurants, nightlife and accommodation.

When you think of Brussels, you think of the beauty of Art Nouveau, Grand-Place, the Atomium and more. In fact, Brussels is teeming with architectural gems. All styles are brilliantly represented. Brussels has a lot of surprises for you when it comes to architecture.

Brussels has a long history, with legends and traditions going back many generations. Which you can explore. Or try some of the region's delicious specialities. Brussels is greener than you may think, with over 8,000 hectares of green spaces. They take the form of parks, woodland, the Forêt de Soignes, cemeteries and sports fields among other things, covering half the Region in total. Explore the rich cultural life of Brussels.



### FINAL PARTY WITH

## Zagrebs dance & drum group

The Croatian group came with style in their very artistic bus. They feel themselves very lucky to be able to perform and are excited; you can see that at their faces. One of the members, Samija Zaydan, felt blessed that she was able to show her drums skills and leading skills. She got the responsibility to lead the drum performance because Sam Bushara wasn't able to come. It was wonderful to hear when she said that she wasn't planning to fail him. The strength and enthusiastic coming from her, maid us all eager to start with the festival. Let's go.



### IRISH DANCE

1. "Bonnie Ship"
2. "Christmas dance"
3. "Fairyland round"

#### PERFORMERS:

Davorka Beuer,  
Edita Mahić,  
Maja Keršanc,  
Mia Setić,  
Samija Zaydan  
Željko Žerjavić

#### ASSISTANTS AND EDUCATORS:

Mira Kliček  
Branka Brčić Crnković

The dance is a rhythm which lives in us and which awakes the force of the music and the speech. In all the folk dances all over the world, and so in the Irish dance too, we can recognise two main movements: the straight line and the curve, which represent two archetype movements of all of creation. Through the movement in groups – sets, in choreography of Irish dance different geometrical forms have been performed. They are rotated, transformed: from the line to the circle, from the circle to the line, from the line to the semicircle, from the line into the square. Irish dance is developing social aspects through group choreographies, in which ones own movement is connected with the movements of the others.

Through the dance we are developing motoric system, concentration, self-confidence, senses



and consciousness of the physical body. Irish dance has a therapeutic aspect as choreography of set dances includes many "Brain Gym" movements, as are: cross walking, hooking and

lemniscates. Such exercises are stimulating both sides of the brain, as well as the whole of the motoric system of coordination. One of the main qualities of Irish dance is that more able members of the group are leading those less able and in that way they are creating harmonious unity of the dancing figure, in which no one is standing out. In such way the connection of the group and the social interaction is build between the members of the group. That connection brings joy - the most important prime-mover, which makes us strong enough for complicated and demanding dance undertaking and makes each individual important part of the choreography.

### THE POWER OF DRUMS

1. A-jana- bingi – Traditional Songs of West Africa

#### PERFORMERS:

Mia Sertić,  
Samija Zaydan,  
Matija Pavliček  
Goran Trajbar

ASSISTANT: Ivica Belina  
EDUCATOR: Sam Bushara

For centuries, drumming has been a central part of indigenous cultures worldwide. It is used by peoples to connect to the Earth and to one another. As a universal, vibrational language, the drumbeat communes with the Earth and all her creatures.

In recent years it is used for medical purposes and various research prove its healing effects. Drumming is now being used successfully in programs to aid people with Alzheimer's disease, autism, and emotionally disturbed people as well as by large corporations to help employees focus attention and improve the spirit. Medical researchers now testify to the stress reducing effects of this ancient art. The brain's fundamental need for rhythm has long been known in the field of music therapy. Studies indicate that drumming for brief periods can actually change a person's brainwave patterns, dramatically reducing stress.

Drumming the HEART BEAT RHYTHM can be done with little or no previous musical background or training. This is an experience accessible to all people. The ability to drum is alive in all of us.

Workshop „The power of drums“ is a holistic

approach to Music Therapy practice. In this workshop we include people with intellectual disability (Down syndrome, musical savants, autistic spectrum disorder, Williams syndrome). The goal of the workshop is to use the drums (mainly African drums) as a tool and through drumming techniques develop higher degree of concentration, teamwork, tolerance, focus, discipline, better motor skills, self-confidence and awareness of other people around them.

### ROCKBAND

## The Rolling Dice (Brussels)

The Rolling Dice is since 10 years the house band of Den Teirling. The repertoire consists French chanson, rock 'n roll, disco, bossa nova, jazz... varied, but especially funky and colourful, just like the band members. Each time The Rolling Dice plays a show it's party time! Songs accompanied by guitar, drums and piano comes right out of the 'soul'.

SINGERS: Vivi Piacenza,  
Ridha Laoui,  
Charles Lantsman

#### MUSICIANS:

Guido Van Neygen (drum)  
Jan Soenen (bass, keyboard)

#### MUSICAL COMPANIONS:

Pieter Van Leeuwen (gitar)  
Paul Prignot, gitar and drum

